



Learn the Signs. Act Early.

at Utah State University

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CDC’s “Learn the Signs. Act Early.” program encourages parents, health care professionals, and early childhood providers to celebrate and learn about healthy child development, monitor every child’s development, and act early if there is a concern. The program offers a variety of free materials to make developmental monitoring practical and easy.

For a list of all LTSAE’s free materials, visit
<https://www.cdc.gov/ncbddd/actearly/index.html>

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Check out a few of the new materials to share with families, on social media sites, with partners, or for you to learn more about development!



Early intervention makes a difference in kids’ lives. We know rates of autism have gone up— but new data released by the @CDC shows fewer children were evaluated for autism spectrum disorder (ASD) during the pandemic than in previous years. Read the studies at <https://bit.ly/40ssEfR> and <https://bit.ly/42CicEA>.

Early identification is one of the most important tools we have to help make a difference in the lives of children and families. Timely evaluations and delays connecting children with autism to services and supports they need could have long-lasting effects. CDC’s Learn the Signs. Act Early. program provides free resources to track children’s development so parents, childcare professionals, and healthcare providers can identify concerns early. www.cdc.gov/ActEarly

Snapshot of Autism Spectrum Disorder in UTAH

For every 2 children identified with ASD who were age 4 there was 1 child who was suspected but not confirmed to have ASD.



Module 2:
Understanding Children's Developmental Milestones



Learning Objectives



Why understanding developmental milestones is important.

1



How to recognize developmental milestones.

2

One of the most important things that early intervention providers can understand is developmental milestones. If you haven't yet, make sure you take the CDC's Watch Me! training to learn all about them and access free resources you can implement into your practice to help the kiddos you work with.

What is Family-Engaged Developmental Monitoring?

FEDM is defined as an intentional partnership of families and providers working to highlight a child's developmental progress and identify opportunities for support and education for positive outcomes. The three essential attributes of FEDM include:

Families are regarded as the expert on their child's development
Information is gathered to inform a holistic approach to the child's development

Developmental progress and needs are discussed over time

Download the road map

Milestones at 2 Years

- ✓ Points to body parts
- ✓ Eats with a spoon



Talk to the doctor about your child's development.



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