

# JUNE NEWSLETTER



CDC's "Learn the Signs. Act Early." program encourages parents, health care professionals, and early childhood providers to celebrate and learn about healthy child development, monitor every child's development, and act early if there is a concern. The program offers a variety of free materials to make developmental monitoring practical and easy.

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## HAVE YOU TAKEN THE WATCH ME TRAINING?

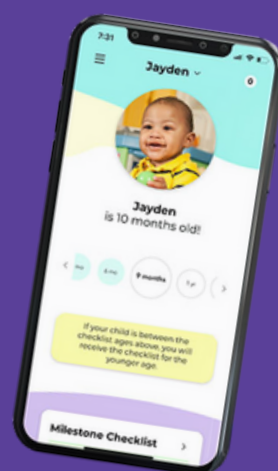
This **FREE** 1-hour course focuses on early care and education providers' critical role in developmental monitoring. It's free and it gives you a Continuing Education credit!

[Click here to start the training!](#)

## DO THE FAMILIES YOU WORK WITH USE THE CDC'S MILESTONE TRACKER APP?

This free app helps parents track their child's milestones from age 2 months to 5 years using easy-to-use illustrated checklists, tips from the CDC for encouraging children's development, and advice for parents on what to do if they are concerned.

Make sure to share this **FREE** resource with the families you work with! They can download the Milestone Tracker app from the [App Store](#) or [Google Play](#) today!



[SHARE WITH FAMILIES TODAY!](#)

## 4 EASY WAYS TO INCORPORATE THE LTSAE MATERIALS INTO YOUR DAILY ACTIVITIES:

1. Help parents and staff understand age-appropriate milestones by showing pictures and videos from [Milestones in Action](#).
2. Share children's books [Amazing Me](#) and [Where is Bear?](#) to help parents learn about developmental milestones while reading with their child
3. Regularly using CDC's milestone checklists in your classroom to
  - Track each child's development progress;
  - Guide your conversation and support your observations when raising concerns with parents; and
  - Complement developmental screening by engaging families in monitoring milestones.
4. Promote CDC's **FREE** [Milestone Tracker](#) app for families by printing a [poster for your classroom](#) and encouraging them to download.



**Learn the Signs.  
Act Early.**  
at Utah State University



Emma Eccles Jones College of Education & Human Services  
**Institute for Disability Research, Policy & Practice**  
UtahStateUniversity.