# Learn the Signs. Act Early. (LTSAE)

CDC's "Learn the Signs. Act Early. "program encourages parents, health care professionals, and early childhood providers to celebrate and learn about healthy child development, monitor every child's development, and act early if there is a concern. The program offers a variety of free materials to make developmental monitoring practical and easy.

For a list of all LTSAE's free materials, visit <a href="https://www.cdc.gov/ncbddd/actearly/index.html">https://www.cdc.gov/ncbddd/actearly/index.html</a>
Janel.preston@usu.edu Ambassador for Utah

Check out a few of the new materials to share with families, on social media sites, with partners, or for you to learn more about development!

#### Resources for Early Childhood Educators

As an early childhood educator, you are a valuable resource to parents! They look to you for information about their child, and they trust you. CDC's "Learn the Signs. Act Early." (LTSAE) has FREE research-based, parent-friendly resources on child development to help you boost family engagement and your own professional development.

**CLICK HERE TO LEARN MORE** 

#### **Updated Milestones**

The Centers for Disease Control and Prevention (CDC) is pleased to announce the release of revised developmental milestones and tips to support early child development.

View the recent

<u>publication detailing the process for updating the</u> milestones.

View the updated

milestones at www.cdc.gov/Milestones,

Download the new materials

at www.cdc.gov/ActEarly/Materials,

HERE IS WHAT'S NEW:

DEVELOPED 15- AND 30- MONTH MILESTONE CHECKLIST "RED FLAGS/WARNING SIGNS ARE NOW EMDEDDED WITHIN MILESTONES TO REDUCE CONFUSION

### 2021 Community Report on Autism

A SNAPSHOT OF AUTISM SPECTRUM DISODER AMOUNG 8
YEAR OLDS AND 4 YEAR OLDS IN MULTIPLE COMMUNITIES
ACROSS THE UNITED STATES IN 2028



CLICK HERE TO LEARN MORE

**SNAPSHOT OF UTAH** 

#### Utah Learn the Signs you tube play list

These videos and virtual trainings can be used to onboard staff, get new information about how to incorporate parent engaged developmental monitoring into your everyday practice, how family can use the materials, and more to come so keep checking back

**CLICK HERE TO LEARN MORE** 

## Utah Learn the Signs social media

A BIG THANKS TO ALL OUR STATE TEAM FOR FOLLOWING AND LIKING OUR PAGES!



FACEBOOK INSTAGRAM TWITTER



